



102ND ACA NATIONAL CASTING CHAMPIONSHIPS LEXINGTON, KENTUCKY

Happy birthday wishes to casting legend Cliff Netherton upon reaching his 100th!

102ND NATIONALS LEXINGTON, KY

Since Blue Grass Sportsmen's League President Dave Roberts and Tournament Captain Patrick McFadden have done a great job preparing, they are now waiting to welcome everyone to a great tournament. (p.2)

2010 TOURNAMENT RESULTS

Scarborough had bad winds, Cincinnati had rain and Lexington had heat and humidity. See how ACA casters prove their spirit. Let's see how these casters do at the Nationals. (p.5)

A HEALTHIER CAST BY JASON BORGER

Read some insight into training and competing right to be in the sport for the long haul and perform your best. Here what the Fly Casting Institute has to say. (p.8)

CASTING BEYOND ACA BY HENRY MITTEL

Two World Championships and an Orvis Championship with prize money. See where our best casters can compete and how we can help send them to these tournaments. (p.12)

HAPPY 100TH BIRTHDAY TO CLIFF NETHERTON

Most of us have at least read his books on the history of casting, here's a heartfelt birthday testimonial to Cliff from one of his greatest admirers and casting friends, Chris Korich. (p.14)

ROBERT E. "CRASH" KLENK 6/3/17 - 9/8/09

Robert "Crash" Klenk attended over 40 National Tournaments. On two different times held the 3/8 and 5/8 oz. Accuracy Events. Mr. and Mrs. Klenk attended the Nationals in Texas many years ago, by bus! He helped many young casters along the way. (p.14)

BLUE GRASS SPORTSMEN'S LEAGUE HOSTS THE 2010 NATIONALS!



Lexington is the horse capitol of the world. In fact, it will host the World Equestrian Games, October 10th 2010 (see www.alltechfeigames.com). In the last few year's, it's also become one of the most active casting hubs in the country, thanks to the members of the Casting Division of the Blue

hours drive. Another seven hours north, or a short flight, and the casters from around Toronto can reach Lexington.

BGSL is primary a hunting and shooting sports club and has 1400 members. Only a fraction are casters but what they lack in numbers, they make

opener". At this tournament, casters can test new gear and see how they might stack-up at the upcoming Nationals.

Because Kentucky has roots in early bass fishing and bait casting reel design, their favorite games are 5/8s plug accuracy and 18g Revolving Spool Distance. Bill Burke is helping carrying on this tradition by machining components and tuning reels for his clubmates and others. He also customizes fixed spool reels. Bill is also running for re-election this year as ACA Director at Large.



Grass Sportsmen's League and it's central location.

To the north, the Chicago, Valpo, Toledo, Cincinnati, and St.Louis Casting clubs are within a few

up for in competitive spirit. They last hosted the Nationals in 2004. Every May, they host the first big tournament, called the Kentucky Open. It has also been nicknamed the "East's season

There are at least two other distinguished members involved in producing this tournament. Dave Roberts, BGSL Casting Division President and ACA Director at Large and Patrick McFadden, Tournament Captain, and ACA Past President. Pat currently serves on the ACA Board of Directors. Lou Ann Johnson is the club's Youth Director and is on ACA's Youth Committee.

UPDATED DETAILS:

REGISTRATION: Registration will be open at the Host Hotel on Monday Aug 2nd from 3:00-6:00 pm.

RECEPTION & OPENING CEREMONIES: There will be a reception at the Host Hotel to welcome casters on Monday from 4 to 6 p.m. Woodford Reserve Distillery of Versailles, KY, will be offering a tasting of handcrafted small batch bourbon and. Lovers Leap Vineyards will be pouring offering a wine tasting. Appetizers, light refreshments will be also be served. The Opening Ceremony will begin at 5 pm. Casual dress is recommended.

DISTANCE FIELD: Masterson Station Park- 3051 Leestown Rd Lexington, KY

DISTANCE PRACTICE: Monday-Wednesday Aug. 3rd-5th 8:00 am till park closes at 9:00 pm.

ACCURACY POOL: BGSL Casting Ponds- 2500 Handy's Bend Rd. Wilmore, KY

ACCURACY PRACTICE: Casting pool will be opened .Monday Aug. 3rd. 8:00 until 4:00 p.m.closing in time for reception at 5:00p.m. Also Tues. & Wed. open for practice till 9:00 pm.

LUNCHES- Will be sold at Dist. field and Acc. pond.

Daily Awards- will be made at the Distance Field and Accuracy Ponds at the conclusion of each day's events.

ACA AWARDS BANQUET- Tickets will be on sale for



\$35.00 and include your choice of Almond Crusted Chicken Breast with Champagne Sauce, 231-6157, Kobe Stonegrill & Sushi House- 3070 Lakecrest Circle Lexington (859)-219-



Marinated London Broil Lobster with a Sherry Mushroom Sauce and a Baked Salmon Fillet. The banquet will be held at the host hotel starting with a cash bar at 6:00 and dinner at 7:00 pm.

THE LOCAL AREA:

Dining: Belle Notte Restaurant- 3715 Nicholasville Road (859)245-1789, JW's Steakhouse- 1800 Newtown Pike Lexington (859)

2166 **Entertainment:** Celtic Woman in concert at Lexington's Rupp Area- Tuesday August 3rd 7:30 pm. Contact Patrick McFadden for tickets: (859)-533-6723.

Attractions: Blue Grass Tour (bluegrasstours.com), Kentucky House Park, Woodford Reserve Distillery, Alltech's Lexington Brewery & Distillery.

102nd Annual National Tournament

Ground Rules

Distance Plugs:

- 1) **A maximum of three (3) distance plugs** of each weight (5/8 oz & ¼ oz) will be marked as legal by tournament personnel for tackle check the morning of the event. All competitors must have their plugs weighed and marked prior to the event. Only plugs certified as legal may be used for an event.
- 2) All casters will be subject to tackle check in round one. Lines will be checked at the start and mid-way out where appropriate. Tackle check will be random in rounds 2 & 3.
- 3) Casters that are sharing equipment must notify the Tournament Captain the day before the event is to be cast.
- 4) Only ACA Official aluminum plugs shall be used.
- 5) The standard V Court shall not be used and the size of the court shall be determined by the National Tournament Committee on the day of each distance event.
- 6) The protest fee shall be \$50.00. If the protest is approved the \$50.00 will be returned. If the protest is not approved the \$50.00 fee will be forfeit.

Distance Flies:

- 1) Casters may check distance fly equipment for compliance prior to start of an event. Such checks will be unofficial.
- 2) Casters that are sharing equipment must notify the Tournament Captain the day before the event is to be cast.
- 3) Casters will be subjected to mandatory tackle check if they meet or exceed the following distances:

	Sr. Men	Men	Women	Sr. Women	Intermediates
Angler's Fly	135 ft.	150 ft.	115 ft.	100 ft.	75 ft.
Single-Hand	135 ft.	150 ft.	Any ft.	Any ft.	Any ft.
Two-Hand	190 ft.	220 ft.	Any ft.	Any ft.	Any ft.

After distance measurements, equipment will immediately be confiscated by tournament personnel and taken to the tackle check station for verification of legality.

Accuracy Events:

- 1) Tackle check for each of the Accuracy Events will take place immediately prior to each event.
- 2) Gun fire, barking dogs, & starting engines shall not be grounds for protest.

Recent Tournament Results

2010 Scarborough Casting Championships- RESULTS

Hosted by Scarborough Fly & Bait Casting Association June 5 & 6				
ALL ACCURACY ^ A	ACC FLIES	ACC PLUGS	TOTAL	
Ron Bolton	250	235	485	
John Seroczynski	261	259	520	
Bill Burke	266	247	513	
ACCURACY FLIES ^ B	DF	TF	BB	TOTAL
Barry Gibson	82	76	82	240
Michael Wong	81	82 (C/O 79)	84	247
Barry Tocher	72	82 (C/O 74)	77	231
ACCURACY PLUGS ^ B	1/4	3/8	5/8	TOTAL
Michael Wong	81	82 (C/O 79)	84	247
Ray Cockburn	76	81	77	234

DISTANCE PLUGS				
	2HR	2HS	7.5	TOTAL
Bill Burke	292	325	266	883FT
DISTANCE FLIES				
	2HF	1HF	AFD	TOTAL
Jurgen Brech	174	139	134	447FT
ALL DISTANCE	DIS PLUGS	DIS FLIES	TOTAL	
Bill Burke	883	397	1280	

Cincinnati Open 6/19/2010

Caster		Dry Fly	Trout Fly	Bass Bug	All Fly	1/4 oz	3/8 oz	5/8 oz	All Plug	All Around	
		cast off									
Zack Willson	Sr	96	--	93	89	278	91	98	96	285	563
Andy Statt	A	96	--	94	88	278	92	97	93	282	560
Orville Hansell	B	85	--	82	83	250	81	72	83	236	486
Pam Peters	A	97	95	92	92	281	87	87	90	264	545
Billy Peters	Sr	90	--	87	87	264	81	89	95	265	529
Jay Klenk	Sr	91	--	97	92	280	91	90	89	270	550
Bill Burke	Sr	94	--	90	87	271	96	90	95	281	552
Dave Roberts	A	97	96	92	89	278	90	94	96	280	558
Dick Fujita	Sr	99	--	89	88	276	83	79	95	257	533
Henry Fujita	Sr	na	--	na	na	na	na	na	na	na	na
Beth Statt	B	90	--	81	81	252	91	86	86	263	515
Larry Moffett	Sr	81	--	87	86	254	87	84	89	260	514
John Seroczynski	Sr	96	--	90	87	273	91	95	94	280	553
Phil Seroczynski	B	72	--	na	na	na	89	74	84	247	na
Nancy Burke	B	na	--	na	na	na	75	74	91	240	na

On June 18 & 19th the Cincinnati Casting Club hosted the Cincinnati Open Tournament. The Saturday distance events held at Waycross School were delayed about 30 minutes due to an early morning storm. Then the sun came out and conditions were a bit muggy till the breeze kicked in.

The Sunday accuracy events went smooth and were finished by 4:30 even after an hour break for lunch. The weather was 93 with a gentle and persistent breeze to make it really comfortable in the shade of the trees. The pop-up shelters provide nice shade, but nothing beats the cool downdraft of a tall oak tree.

Some of the highlights of the accuracy tournament include Phil Seroczynski making his fly casting debut in Dry Fly. Way to go Phil!!!! Dick Fujita shot an amazing 99 in dry fly barely missing the 7th target. At lunchtime Pam was thrilled to have beaten the guys to win Fly Accuracy with a 281 inching out Jay Klenk with one point. Zack won combined plug accuracy and overall with a combined score of 563. Andy and David were close with 560 and 558.



**2007 Nationals
at Cincinnati
Casting Club**

2010 Kentucky Open

DISTANCE EVENTS

	FEET
5/8 OZ. 2-HAND REV. SPOOL DISTANCE	
REGULAR MEN	
DAVID ROBERTS	311
SENIOR MEN	
BILL CLEMENTS	300
5/8 OZ. 2-HAND SPINNING DISTANCE	
REGULAR MEN	
DAVID ROBERTS	339
SENIOR MEN	
BILL CLEMENTS	341
1/4 OZ. 1-HAND SPINNING DISTANCE	
REGULAR MEN	
PAT MCFADDEN	258
SENIOR MEN	
ZACK WILLSON	247
2-HAND DISTANCE FLY	
REGULAR MEN	
PAT MCFADDEN	232
SENIOR MEN	
ZACK WILLSON	205
1-HAND DISTANCE FLY	
REGULAR MEN	
LARRY ALLEN	
SENIOR MEN	
ZACK WILLSON	169
ANGLER'S FLY DISTANCE	
REGULAR MEN	
ANDY STATT	142
SENIOR MEN	
ZACK WILLSON	154

ACCURACY EVENTS

	POINTS
DRY FLY ACCURACY	
MEN A	
LARRY ALLEN	97
MEN B	
ELMER BERGENDAHL	89
LADIES OPEN	
PAM PETERS	97
TROUT FLY ACCURACY	
MEN A	
ZACK WILLSON	98
MEN B	
ELMER BERGENDAHL	86
LADIES OPEN	
PAM PETERS	94
BASS BUG ACCURACY	
MEN A	
ZACK WILLSON	91
MEN B	
ELMER BERGENDAHL	83
LADIES OPEN	
Beth Statt	86
1/4OZ. PLUG ACCURACY	
MEN A	
ZACK WILLSON	95
MEN B	
ELMER BERGENDAHL	90
LADIES OPEN	
BETH STATT	86
3/8OZ. PLUG ACCURACY	
MEN A	
BILL CLEMENTS	96
MEN B	
ELMER BERGENDAHL	82
LADIES OPEN	
BETH STATT	81
5/8OZ. PLUG ACCURACY	
MEN A	
BILL CLEMENTS	96
MEN B	
ELMER BERGENDAHL	87
LADIES OPEN	
LU ANN JOHNSON	92
INTERMEDIATES	
JESSI JOHNSON	85
YOUTH	
THOMAS ROBINSON	85



A Healthier Cast:

An Intro to Fly Casting Pain and Injury

By
Jason Berger

With additional information by Dr. Tim McCue

“Fly casting is the physical skill of fly fishing.”

I grew up with that mantra playing through my head. Certainly there are other “physical” aspects of fly fishing, but it is in casting where the serious hand-eye coordination and use of the physical body come into the most play. Of course, for those who cast for competition, the physical elements become exceedingly important, and injury—whether preexisting or caused by casting—can impact the game significantly.

Fly casting has been called the “most difficult throwing sport in the world” (partly because we “throw” in both directions), and as such, it can put surprising strain on the body. Oddly, it seems that many casters who are aiming for distance (or the rock solid aspects of controlled reliability) often ignore the body-centric aspects of preparation, and simply pick up a rod and cast. This immediacy of effort may not cause a physical problem, but when or if it does, or if it inflames

an existing condition, the results can be frustrating at (again, either preexisting, but affecting casting, or



the least, and debilitating at the worst.

Fortunately the mental climate surrounding fly-casting injury seems to be changing, and a more universal awareness, even among casual anglers, appears to be spreading. Some may still laugh at the idea of getting “hurt by casting,” but the truth is that injuries

caused by casting itself) are more widespread than often realized.

My own involvement in fly-casting injury really began in earnest when I was tapped by Dr. Tim McCue to assist in creating the Fly Casting Institute (FCI). The idea of the FCI began because of fly-casting injury—injury to Tim,

specifically, but there were also other incidents Tim was aware of as a sports-medicine physician and former fly-fishing guide. Tim enlisted me to assist in a survey to examine injury and/or pain prevalence in casting instructors, and the results were surprising.

Not only were injuries and/or pain greater than expected, but those injuries and/or pain were occurring even in a group that one could consider as ranging from “above average” to “professional” in casting ability. And guess who had the most pain? Those who hauled while casting and those who used shooting heads—sound like a scenario that might be familiar to any ACA members?

Casting problems were shown to range from pain in muscles during or after casting to joint problems and injuries significant enough to warrant physical therapy or even surgery. While most of the pain reported by those in the survey was shorter duration (hours to days), that pain (or mild injury) meant that people were both casting and fishing at less than optimal “casting health” for tangible periods. And a full quarter of the respondents in the survey indicated that they had actually changed their personal casting style due to pain issues. Not what you want to contend with just prior to a tourna-

ment (or a big fishing trip for that matter).



At the FCI clinics, we often see people who have compensated in their casting strokes as a result of injury, pain or weakness (often overuse injuries). Sometimes the injury or weakness aspects are not even apparent to the caster, but show up during the clinic’s upper-extremity physical exam session. Sometimes the casting compensations that result are dramatic, and result in significant frustration for the caster. For example, an issue of scapular instability can lead to rolling of the shoulder, which can lead to endless accuracy problems and a reduction in distance capability. No fun for fishing, and even less fun if you’re trying to hit rings or make a shooting head do its thing.

An area of significant focus in alleviating, or at least

lessening those problems, is in adjusting casting form. In some cases, something

as simple as better posture can make a tangible difference (keep those shoulder blades stable!). In other cases, something like adjusting one’s mechanics to move the casting workload away from being wrist-centric to being more shoulder-centric, can alleviate certain types of pain. An injured shoulder, however, may require strengthening exercises and focus on adjusting the casting stroke toward the arm/body to prevent too much strain on the joint. And working around injuries such as a broken wrist may require even more creativity, with a focus on joint stability and stress-reduction through various mechanical and physical means.

From the perspective of casting “style” as it relates to injury, the McCue survey

found that among those casters who predominantly used a single casting style, those who used an overhead “accuracy” style of casting (such as is often used in accuracy competition) had the least incidence of elbow and wrist pain. Those casters who used a variety of styles (overhead, sidearm, elliptical) had the least overall incidence of pain in total. This may be traced to reducing overuse injury, as well as the concept of using the least stressful style for a given angling situation.

One guideline that I like to follow when it comes to “style,” is that no matter what that general style may be, I follow a range of motion that is compatible with my body’s natural mechanics. For example, my overhead “style” follows an arm motion much like running, but with a smaller overall range of motion. The lift and swing from the strong shoulder muscles allows me very good control, while also being a motion that my body finds mechanically compatible. Trying to overhead cast by sweeping my elbow out the side and rotating from that joint is not something that my body finds mechanically compatible, even if I were to practice it/use it until it no longer felt awkward. Looked at another way, we have certain planes of motion that the arm/shoulder/wrist like to move in, and those planes are mechani-

cally stronger, as well.

Of course, if your body is used to a certain type of motion, any change may feel strange, even if that change is actually leading to better overall form. The key in making a change that alters form is to be sure it is meant to help your body work better, not just change for change’s sake (or worse, change to a motion that may lead to longer term pain/injury).

Having a trained medical or athletic specialist look at your casting form may be a way to identify a potential problem before pain or potential injury arise. That specialist may or may not be able to tell you much about fly casting per se, but he or she may be able to offer direction on altering certain motions, proper strengthening exercises, and the like, to help you adjust your form to be more joint friendly.

A couple of areas that can cause problems outside of pure form issues are lack of warm-up and overuse (with good form or otherwise). Diving into distance casting, for example, without a warm-up may be inviting trouble (I speak from experience here). A specific warm-up regimen—one that follows the mechanics of the casting you’ll be doing—can get your muscles warmed and ready to put in maximum effort while

reducing injury potential. A few minutes of pantomiming, or using only the rod butt, is one easy way to get things moving, and it can be coupled with resistance bands or perhaps light hand/wrist weights.

Overuse pain and injuries (such as casting elbow) can crop up with casters who push practice sessions too far, put excessive, repetitive strain on certain joints (like the wrist), or overwork an area that has already experienced injury or instability. In other sports, such as baseball, “pitch counts” may be employed in an effort to reduce overuse. Perhaps “cast counts” would not be a bad idea for competitive casters to consider.

When it comes to overuse injuries, one often-recommended practice for dealing with areas like the elbow is R.I.C.E. That’s Rest, Ice, Compression, Elevation. A quick Internet search can turn up all manner of R.I.C.E. implementation advice for various injuries, so I won’t repeat it all here. R.I.C.E. may be followed up with an exercise regimen, depending on the injury (casting elbow, again, is a common problem than can see improvement from R.I.C.E. followed by appropriate exercise).

Stretching (particularly after casting practice, or as its own separate regimen)

is also a consideration as a way to maintain overall flexibility, and to help with pain/injury rehab (such as with casting elbow). A number of studies have shown that, in general, acute stretching—immediately before exercise—does not necessarily reduce the risk of injury, but regular stretching can help keep a caster flexible over time. At least one study has also shown that a regular (not acute) stretching program may create some level of improved strength and power (and thus may be of some benefit in distance casting, for example). Stretching (and the flexibility that comes with it), may also be of use for those who have back pain, posture issues and so forth.

Weight training (as already touched on in conjunction with R.I.C.E.), if done properly, can boost performance and help recovery from injury. Inexpensive resistance bands can do a lot, are easy to acquire, and are easy to use (they can also be tossed into a gear bag for use in a hotel room, or even a tent).

I'm not saying you need to power-lift or body-build to be a better caster (such extremes could indeed be too much for what's needed in our sport), but a focused exercise regimen (with proper warm-up!) makes for a more stable foundation, which in turn gives a better

mechanical base and better power. You may also find that it reduces your chance for, or incidence of, pain and/or injury, too.

I personally follow an exercise regiment that involves free weights and machine-based weights, with a focus on my wrists/forearms, biceps, triceps, shoulders, upper back and core strength (abs and some lower back). I find that when I am working out regularly (and stretching afterwards), that I can cast farther more easily, with greater control of the rod, with better control of body mechanics, and with less soreness after a long casting session. I also find that my short game improves, as well. I'd hazard a guess that most people would find the same true for themselves (at the FCI we certainly see it, even after two days with nothing but resistance bands).

When you really get down to it, competitive fly casting—especially the distance games—is an athletic endeavor. Technique is absolutely key, of course, and casters with only modest strength prove it all the time by performing at extraordinary levels. But...taking the time to be stronger (within reason), less prone to injury, and with a reduction in soreness or pain, can only serve to elevate one's casting to new heights. If you're a caster who suffers

from pain or injury, take the time to care for yourself and get some professional advice in how you might be able to recover, rehab and strengthen your joints, connective tissues, or muscles. Your competitive results may respond in kind.

McCue Survey URL: <http://www.wemjournal.org/wmsonline/?request=get-document&issn=10806032&volume=015&issue=04&page=0267>

Exercise Prescription on the Net: <http://www.exrx.net/Links.html>



Jason Berger is a media designer and fly-fishing educator. He is also the author of the book, *Nature of Fly Casting*. Jason's research in the FCI is focused primarily on arm/rod interaction, and how the rod/line system responds to input from the caster. This research is also tied to reducing stresses on the caster and increasing casting comfort and efficiency.

CASTING COMPETITIONS BEYOND ACA

Two World Championships and an Orvis Championship

By Henry Mittel

This year's ICSF Casting World Championships will be held in Novi Vinodolski, Croatia, from

false casting and a wet fly round without false casting. Each hit target scores 5 points - or nothing - for a total of 100 points.

one uses a tarp with a central disc and marked rings similar to the 1-foot demerit rings (real or imaginary) the ACA uses. The big difference here is that specific casting styles are prescribed: two under-hand or pendulum cast, two casts with the rod pointing downward to the right of the caster, two overhead casts, two casts with the rod pointing downward to the left of the caster, and two free-style casts. This event and the ICSF fly accuracy were cast as additional events at the 2006 Nationals in Long Beach.



9/15 through 9/19. The set of nine ICSF events is scheduled to be (9 for men, 7 for women). There are three fly events - one accuracy event, one single-hand distance event, and one two-hand distance event. While the distance events are very close to the ACA's 1-H and 2-H fly distance, the accuracy event is quite different.

The smaller targets are pans filled with water and placed on a grass field. The caster stands on a platform simulating a dock. The targets are addressed in a pre-defined order in two rounds - a dry fly round with unlimited

In the men's division, there typically are 20+ casters with a perfect score and only the 8 fastest go on to the finals. The other six events are plug events. The four spinning events consist of two accuracy events, one single-hand distance event, and one two-hand distance event. The other two use revolving-spool reels - one for accuracy and the other for distance. The biggest differences to equivalent ACA events are in the accuracy events. Two of them use yellow discs (30" diameter) slightly inclined and hit (5 points) or miss (0 points) scoring. The other

Thus far, Steve Rajeff, Pam Peters, and Henry Mittel have expressed interest in participating. The organizers have preliminarily indicated that the participation costs will be the lowest in recent history - with less than 600 Euros which not only includes the customary lodging, food, and local transportation but also all pre-event fees. The cost of flights to Zagreb is comparable to that to other European cities. The organizers offer pick-up from the Zagreb airport - about a 3 hour drive through the mountains to Novi Vinodolski. Novi Vinodolski is located on the Adriatic Sea and promises the beauty of a Mediterranean tourist location. More information should become available - check www.castingsport-icsf.com.

The Norwegian Casting Federation (Norges Castingforbund) is organizing a World Championship in Fly Casting. It will be held in Fagernes, Norway, from 8/13 through 8/15. The organizers were given the mandate by the ICSF to create a set of rules and to hold the event. The Norwegian casters have been very active pursuing on-water Fly Casting competitions using commercial (not tournament specific) equipment. This new World Championship follows that tradition. The rules were based on the traditional Norwegian rules - with influences from the Emerald World Cup and our 5-weight event. The organizers sent out an early draft of the rules and invited comment. The current rules incorporate feedback they received.

There is one accuracy event. A specific Scientific Angler's floating 5-weight line must be used. The rod is limited to 9 feet. A long leader with a maximum tippet diameter is required. Four floating targets consist of concentric rings (2' - 4' - 6' diameters). They will be placed randomly between 26 and 49 feet from the casting box. Each caster has 5 minutes to complete 16 overhead casts - four passes through all targets left-to-right - without limit on the number of false casts. Any ticks will cause a zero score for that target!

The other events are distance events. The courts are parallel lanes 15 to 30 feet wide - except for the spey events, which have a 40° central exclusion sector and require casts on both sides of that sector. The Trout Distance

event uses the same 5-weight line and 9' rod as the accuracy event. The Seatrout Distance event allows single-handed rods up to 10' and floating shooting heads less than one ounce in weight with minimum and maximum diameter restrictions. The Salmon Distance event allows two-handed rods up to 15 feet in length with a heavier floating line - again with maximum and minimum diameter restrictions. There are two Spey Distance events - one with a "short" 15' rod and the other with a long rod - 18' for men and 16' for women. The floating lines in these events only have a maximum diameter restriction.

Interested casters must, as it is required for all ICSF competitions, sign up through their national casting association. Up to 8 casters from each country may participate in each event. Thus far, only Steve Rajeff expressed interest in participating in the 2010 Fly Casting World Championships. More information about the competition and the rules can be found at <http://www.castingforbundet.no/wcfly-casting2010.asp>

Orvis will be holding its second annual Orvis Fly Casting Championship at its store in Bend, Oregon, from 8/12 through 8/15. This fly casting competition is unique in several ways. Perhaps most notable is the level of prizes for the winners. The top prize in the Men's Tournament Casting Division is \$3000!! Second prize is \$2000, third is \$1000, ... sixth is \$100. Other divisions top out at \$1000 or have prizes such as Kayaks valued at over \$1000.

The other notable difference is the set of events being cast. Overall, the competition and the course are arranged like Golf.

There are a number of similarities. The field of casters is arranged in groups who go through a sequence of "holes". Each hole has specific challenges. Two of them are almost exactly like Golf - except for the fly fishing equipment used. The caster starts a certain distance away from the hole (one at 100'++ the other at 500') and makes as many casts as necessary to place the fly into the target. After each cast, the caster moves to the spot where the fly (piece of yarn) landed. The fewer casts needed the better. Like in Golf, the sum of all strokes determines the order of the casters. Other holes contain challenges more like ACA games.

One hole has a series of targets (short to long) at which the contestant has to roll cast with as few attempts as possible (like third round of trout fly). Another hole has targets at 60' and 75' (like Bass Bug). Yet another hole requires curve casting around an obstacle (like target #2 in 5-wt accuracy). Others require going from target to target with only one or two false casts (like Trout Fly or Bass Bug). There is also one hole that's nothing like Golf or ACA casting. It has a vertical hoop through which the caster has to send the fly.

There are divisions for Amateurs (defined as not previously involved in tournament casting or professionally related to fishing), fishing professionals (store

(Continued on p.14)

(*"Beyond ACA" Cont'd from p.13*)

owners, guides, ... without prior tournament experience), Casting division (Open to anyone who wishes a shot at the top prizes), and a team competition. The participation fee for all individual divisions is only \$25. Sign-up deadline is July 31st. More information about the competition, the prizes, and the course can be found at www.orvis.com/bend.

Cliff Netherton Reaches 100 Years of Age

In a phone conversation on May 24th 2010 with wife Cliff Netherton's wife Jean, she reported our dear friend Cliff had a calm but special 100th birthday with cake and lots of cheer!

While many of us know of Cliff's accomplishments and contributions well, for those that don't, Cliff is no less than the "Godfather" of ACA and ICF casting. In addition to him authoring "History of the Sport of Casting" versions I & II (see Amazon links and info below), Cliff served as ACA President and in many other roles during his years of active participation and service.

Working closely with Myron Gregory, Cliff founded the International Casting Federation (ICF) in the mid 50's and got the sport of casting recognized by

the International Olympic Committee (IOC) back in 1958.

During his term as ICF Executive Secretary, Cliff earned recognition and membership for ICF as the world governing body for Casting sport in the General Assembly of International Sports Federations (GAISF).

Through this GAISF membership, Cliff later followed the development of the World Games (for non-Olympic sports) and made all the right chest moves to insure that Casting would become one of the founding, participating sports at the first World Games in Santa Clara, CA back in 1981. Casting has since participated in 1985, 1993, 1997, 2001 and 2005.

On the individual side, Cliff competed in numerous Nationals and three ICF World Championships as a member of the All American Team, and along with wife Jean, accompanied Steve Rajeff and others including myself to many of our first ICF World Championships. Always present to cheer our successes and support our best efforts, personally, I can say that Cliff and Jean have made the single biggest difference in my casting life.

Let's all give thanks and holler out a HAPPY "PERFECT 100" BIRTHDAY cheer for Cliff Netherton. The sport of casting would never have made it into the 21st century without your tireless efforts Cliff. We are forever grateful.- **Chris Korich**

Amazon book links:

The History of the Sport Casting, Golden Years- by Cliff Netherton

The History of the Sport of Casting, Early Times- by Cliff Netherton

Robert E. "Crash" Klenk passed away last fall at the age of 92. He is the father of R. Jay Klenk of the Cincinnati Casting Club. He was the beloved husband of B. Evelyn Klenk for 63 years. Robert was a lifetime resident of Mt. Healthy Ohio and long time member of Mt Healthy United Methodist Church and the Cincinnati Casting Club.



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